

## PSYCHOLOGY POSTDOCTORAL FELLOWSHIP PROGRAM

Year-long training program based at The Ross Center in VA/DC with outstanding opportunities for training, learning, growth, and development. Fosters clinical excellence and readiness for independent practice.

### Who Are We?

- A multi-state private practice with an established **legacy of excellence** in integrated clinical care and training
- Award-winning leaders and experts in the fields of psychology and psychiatry
- Comprehensive training program without compromise – Curriculum based on licensure standards and core competencies, yet **flexible, inclusive, and tailored to your interests**
- Where professionalism meets personability
- Evidenced-based and effective – **specializing in CBT/ERP, ACT, DBT** to treat anxiety and OCD, depression and mood disorders, ADHD, ASD, trauma and PTSD, life transitions, and more

| CHILD/ADOLESCENT FOCUS AREA                                                                                                                                                                                                                                                                           | ADULT FOCUS AREA                                                                                                                                                                                                                                                 |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Psychotherapy                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                  |
| <ul style="list-style-type: none"> <li>• Individual with children/adolescents of all ages, option for +/- adult cases</li> <li>• <b>Group</b> (e.g., <i>SPACE, Resilience Builders</i>)</li> <li>• Comprehensive DBT Program (<i>ages 14-17</i>)</li> <li>• Parent Consultation + Training</li> </ul> | <ul style="list-style-type: none"> <li>• Individual with adults of all ages, option for +/- child/adolescent cases</li> <li>• <b>Group</b> (e.g., <i>Adult Social Anxiety, Adult DBT Skills</i>)</li> <li>• Comprehensive DBT Program (<i>Adults</i>)</li> </ul> |
| Psychological Evaluation + Testing                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                  |
| Admissions, ADHD, Neuropsychological & Psychoeducational, Autism & Developmental                                                                                                                                                                                                                      | Neuropsychological & Psychoeducational, Adult ADHD, Personality/Emotional                                                                                                                                                                                        |
| • Supervision and Consultation                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                  |
| • Professional Development + Research                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                  |
| <ul style="list-style-type: none"> <li>• Free CEs</li> <li>• Didactics</li> <li>• Professional Memberships</li> <li>• Case Presentations</li> <li>• Capstone Project</li> </ul>                                                                                                                       |                                                                                                                                                                                                                                                                  |

### The Ross Center Difference

#### What sets us apart and what you'll take away:

- World class supervisors and colleagues
- Meaningful professional relationships and networks
- Clinical expertise in areas of specialty interest
- Encouragement and support to pursue passions and professional pathways of interest
- Lived experience working within the dynamic environment of private practice
- Support throughout the licensure process
- Pipeline to ongoing work in private practice at the Ross Center (DC, VA, or NY)
- Administrative support so you can focus on what matters most to you

## We are Looking for Candidates Who:

Have completed an APA-accredited doctoral program and pre-doctoral internship with an emphasis on prior training in either child/adolescent or adult psychology. Special consideration for individuals who are:

- Looking to plant roots and grow with us – open to working toward licensure in DC, Virginia, and preferably, Maryland
- Passionate, enthusiastic learners interested in exploring a career in private practice
- Compassionate and committed to providing comprehensive clinical services, with focus on individual and group therapy
- Collaborative, critical-thinking team members who appreciate the value of integrated care

## From Us to You:

“Joining this program as a postdoctoral fellow was a turning point in my professional journey. The Ross Center offers exceptional clinical training and encourages initiative, independence, and leadership from day one. Our model consistently empowers emerging clinicians to grow into confident, capable leaders. It is a great opportunity to gain hands-on experience in a setting that values both autonomy and strong mentorship – the ideal launchpad for a meaningful, long-term career in clinical practice.”

~ Phoebe Long, PhD, Director of Psychology Postdoctoral Fellowship Program

“As a postdoctoral fellow at the Ross Center, I learned how to effectively manage a caseload while receiving support from colleagues and supervisors as needed. As a recent graduate, it was essential for my growth and confidence to practice independently in order to learn more about myself and my clinical judgement. Having a team that supports my interests as well as my well-being has been incredibly beneficial too.”

~ Tolu Ojoyeyi, PsyD, Psychologist, Postdoctoral Fellow (2022-2024)

“The postdoctoral fellowship at the Ross Center provided me with exceptional mentorship from supervisors and colleagues, which was instrumental in helping me navigate the field as an early career psychologist. The breadth of training opportunities available to me were invaluable in expanding my clinical expertise and honing the skills necessary for independent practice. The Ross Center supported me in growing my professional identity, obtaining licensure, and building the confidence to work independently.”

~ Esther Palacios-Barrios, PhD, Postdoctoral Fellow (2024-2025)



## Application deadline : December 18, 2026

Early applications are encouraged and will be reviewed on a rolling basis. All applicants must complete the online application process for our positions through the national APPA CAS system. The following materials must be uploaded in APPA CAS: cover letter specifying the focus area of interest, curriculum vitae, three (3) Letters of Recommendation (one must be from internship supervisor), and a de-identified recent neuropsychological/psychological report. Please feel free to e-mail Phoebe Long, PhD ([plong@rosscenter.com](mailto:plong@rosscenter.com)) with any questions or concerns.