



AGENDA

Assessment and Treatment of Digital Use Disorders

Homestudy Online Course

Remote via Zoom

The course is made up of 6 total modules of roughly ½ hour each.

- Course Overview and Introduction
- Module 1: Understanding Problematic Screen Use
- Module 2: Assessing Problematic Screen Use
- Module 3: Treatment Plan, Treatment Phases
- Module 4: Treatment: Motivational Interviewing, Therapeutic Tools
- Module 5: Treatment & Prevention: Parent Training & Family Treatment
- Module 6: Q&A



The Ross Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Ross Center maintains responsibility for this program and its content. There is no commercial support for this program.

The Ross Center for Anxiety and Related Disorders LLC is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0105.

Full attendance is required to receive continuing education credit.

Certificates of Attendance and Evaluation Forms will be emailed following the training.